

Horses for Healing - FREE Program



Starts Monday, April 15th from 1-2pm for individuals living with cancer

Whether you <u>"want to get back some power post-radiation"</u> or you <u>"want to kick cancer to the curb"</u> Horses for Healing can help put you in the right mindset to get results.

Time spent bonding with horses and others with similar challenges can be a wonderful way to bring you joy, helping you to relax, and feel less stressed. Riding provides physical and emotional benefits by learning new skills and interacting with horses, peers, and volunteers. During six weekly lessons, you will work to improve your strength and stability - "positively impacting your daily life".







Girl Scout Field Trips

Learn and Earn Badges!
Whether you are working on your Bit N Bridle, Horse & Pony Tri It, Horseback Riding, or Animal Helper badge, we've got you covered! Field Trips Scheduled for Friday Afternoons.

Learn More

50/50 Raffle Tickets

1 for \$5, 5 for \$10, 10 for \$20! The winning ticket will be pulled at **Party in the Paddock** on May 4th but you need not be present to win. Call 908.439.9636 to place your order today.

Become a Sponsor

Party in the Paddock Sponsors receive VIP parking and signage During Event, PLUS 1 entry into the Mane Stream Derby. Get your business logo seen and have a blast doing it!!

Become a Sponsor



Donate a Vehicle

One man's trash is another nonprofit's treasure. Your unwanted vehicle can help Mane Stream in many ways. Often times, donated vehicles are worth much more than monetary donations. Donate that unwanted car, boat, motorcycle, moped and we'll



Corporate Workdays

Only a few days left for Spring Workdays! Bring your team for a breath of fresh air on the farm! Spend the morning helping around the farm with regular maintenance and short-term projects. Then enjoy your lunch outside under the trees if the weather permits.



Online StoreComing Soon

We don't want to limit your wardrobe so we are adding a few different colors to the usual Mane Stream blue, black, and grey. Remember, spirit wear isn't just for volunteering at the barn. Show your spirit at the gym, school, and in everyday

pick it up for free.

Start the Process

Schedule a Workday

living.

Upcoming Events



Clinton St. Paddy's Parade This Sunday

Show Your Mane Stream Spirit!

Show your Mane Stream spirit and come proudly march in the St. Patrick's Day Parade in Clinton, NJ Sunday, March 10th. Clinton is a quaint town with lots of small shops and several yummy restaurants. We are bringing the truck for brand recognition and also for those who need a ride. Let us know if you need a ride- we still have a couple spaces left. This is a rain or shine event - NO RAIN DATE!

PARADE DETAILS: Arrive by 2:00pm (must find parking before that) and head over the the Library. Parade starts at 3pm and includes an approximately 1 mile (short uphill portion)

PARKING INSTRUCTIONS: Exit Route 31 onto Halsted St. and access the Watershed parking area on the right at the north end of Halstead. This is North of the North County Branch Library. OR park in one of the town lots and then walk up to the library.

Want to March?







Open House: 3/23

Share the news! Come on March 23rd and get an in-depth look at our <u>Therapy Services</u>, including OT, SLP, and Counseling, as well as our FREE <u>Horses for Healing</u> program for people living with Cancer or Parkinson's Disease.

Event Details

Party in the Paddock: May 4th

Join us under the tent on May
4th for southern-themed food
and drinks, Mane Stream
program demonstrations,
"betting" on your favorite horse,
a hat contest, and viewing
the 150th RUN FOR THE
ROSES live on the big screen.

Spring Cleaning Time!

It's almost that time of year again! If you're planning on decluttering your tack trunk, closets, and tack rooms anytime soon, we're here to help you unload all the horse-related items you don't need anymore.

Event Details

Grab Your Tickets

The Volunteer Arena



Welcome to Mane Stream!

Volunteer Training Videos





Volunteer Training Videos Are Ready

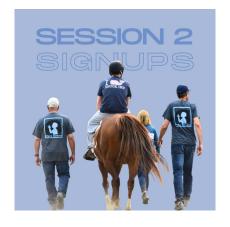
Required Viewing for Newbies!

The videos below are a required step in the new volunteer training process as well as a resource for current volunteers to brush up on Mane Stream policies & procedures. Please watch ALL the videos, then take the quiz at the bottom of the page. Make sure to take the correct quiz if you're a NEW volunteer or a CURRENT volunteer.

Watch Videos







Volunteers Needed Tuesdays Mornings

WE NEED YOU to bring the same great experience to our school groups. Please consider volunteering on Tuesdays from 10am to 12:15pm this Spring.

It's a DEEPLY rewarding experience for everyone involved!

Say You'll Help!

Orientations & Training Sessions

You know how rewarding volunteering at Mane Stream is so share the news!
Online Orientations are every other week at 3:30pm. After that, sign-up for one of the hands-on training sessions.

Orientations: March 5th & 20th April 2nd & 16th Training Sessions: March 14th 6-7:30pm April 2nd 6-7:3pm

Sign Up Now

Session 2 Signups Coming Soon

An afternoon at Mane Stream is the perfect way to enjoy the Spring weather. You'll get a mental wellness boost from working with the horses and assisting our participants. Check your inbox/promotions/spam folders soon for Session 2 signup email to be sent next week. Can't commit to a weekly spot? Be a sub for a particular day(s)!

Questions

Offset our farrier bills! Shoes for Shoes

We are still collecting **GENTLY WORN** shoes which will be shipped all over the world to offset our farrier bills for the herd.

As you start your spring cleaning, please consider donating the shoes you no longer want to help support Mane Stream.

Or start a shoe drive for us at your school, office, or gym! We can give you graphics to help make your drop box tell the whole story.

Start a Shoe Drive









Mane Stream | PO Box 305, 83 Old Turnpike Road, Oldwick, NJ 08858

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